

# My Teacher and me; The 'Inspire Ring' profile

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intro slide 1

## Intentions:

- I understand how people help and inspire me to do my best.
- I understand how support and challenge work best together.
- I can describe the different Teaching Styles and how they affect me.
- I recognise that motivation is two-way and that pupils affect their teachers.

## HWB E's and O's

I am aware that positive friendships and relationships can promote health and the health and wellbeing of others **HWB 2-44b**

I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave. **HWB 2-04a**

I understand that a wide range of different kinds of friendships and relationships exist. **HWB 2-44a**

I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing. **HWB 2-45a**

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication. **HWB 2-45**

## **I can statements**

**Senior** I can describe the rights and responsibilities of employers and employee and how these create a productive environment

**BGE** I can understand and consistently demonstrate the behaviours an employer looks for in a good employee.

## Using the Inspire Ring Profile

### **JUNIOR**

Pupils complete **Support & Challenge** activity paper. Ask for examples to discuss.

Show slide 2 - Support and Challenge spirals.

Slide 3 splits the ring into quadrants.

Ask pupils to describe the four different types of teaching style.

Q Can challenge be a bad thing? Ask learners to think of what teachers are like when they take challenge too far?

Q Can support ever go wrong? Q What happens when teachers give lots of support but no challenge?

Go over the four teacher quadrants again.

Ask pupils to elaborate on the descriptions from earlier.

Show slide 4 as examples of pupils' descriptions of the quadrants.

Pupils complete **Wanted- the Inspiring Teacher** activity paper.

Q To what style do you respond best?

Ask learners to imagine that their job is to train teachers. What advice would they give to teachers to be in the top half of the ring?

Ask pupils to complete the **Support and Challenge** activity papers 1 and 2.

Explore how we could use this to ask pupils' views about how we can get the right mix of support and challenge for them in school in general, with their teacher and with specific lessons or programmes.

Ask learners to complete the on-line **Inspire-Ring profile (Express)** explaining that you are interested in how the learners see you and how you can 'get it right' for them.

## Using the Inspire Ring Profile

### **Follow up**

It is important to discuss the results with the class. If you have access to the Assembly function you will be able to collate and print out the whole class chart.

Thank the class for their feedback.

Consider putting the **Class Assembly chart** on the wall to let students examine it in their own time.

Highlight a few descriptions that you are particularly pleased about.

Ask for clarification of any feedback that puzzles or surprises you.

Highlight one or two issues that have been raised that you will be working on.

Have an open discussion about the value of self-reflection and inviting feedback from others.

## Using the Inspire Ring Profile

### SENIOR

- 1 What do you think inspires teachers?
- 2 What do students do that puts teachers off?
- 3 Do teachers have favourites? Is that fair?
- 4 Do you have a favourite teacher? Is that fair?

We talk about '**Support and Challenge**' together. Q Why do we need both?

Pupils complete **Support and Challenge 1** activity paper.

Invite pupils to explain why they gave the person these scores.

Explain the support and challenge chart.

You can ask pupils to use the chart to reflect on and feedback how they see your teaching style or more specifically particular programmes or lessons

Refer learners to the **Wanted - the Perfect Teacher** activity paper for groups to complete.

Explain that we are going to explore how teachers also have 'stances', which we will call *Teaching Styles*.

- 1 Ask learners to think of teachers they know well and describe their good *styles* on post its, with each descriptor being written on a separate post it. Collate on a flip chart paper.
- 2 Describe any negative aspects of these teachers' style on different colour post its. Collate on a flip chart paper.
- 3 Ask learners to look over all the post its on both flip charts and remove any doublers.
- 4 Explain that you are going to use the ring but with different labels for each spirals that will help them understand what we are thinking about, that is **Teaching Styles**.

Slide 5. Show the '*Challenge*' spiral. Ask for examples from the post its that fit in with this and locate them onto their chart. Q Can challenge be a bad thing?

Show the question mark. Ask learners to think of what teachers are like when they are challenging learners but take things too far.

Show '*pressure*'. Q How does this show itself, what can it lead to?

Show- '*overly demanding*'. Q How does this make learners feel? Ask for examples from the post its that fit in with this and locate them onto their chart.

Q What can stop a teacher from being too provocative?

Show the '*Support*' spiral. Ask for examples that fit in with Supporting. They should locate these onto their chart on the Support spiral.

Q Can support ever go wrong? Q What happens when teachers give lots of support but no challenge? Show the question mark.

Show '*protection*'. Q How do teachers do this? What can it lead to?

Show '*over-protecting*'. Q How does this make learners feel? Ask for examples that fit in with this and locate them onto their chart.

Show slide 6

Q How could we describe a good mix of support & challenge?

Show how the ring can be divided into styles according to the mix. Show the styles in turn

## SPIRALS OF WELLBEING PROGRAMME

## Using the Inspire Ring Profile

**Q** If you were a teacher, what style would you be?

**Q** To what style do you respond best?

Ask learners to complete the on-line ***Inspire-Ring (learner) profile***, *anonymously*, explaining that you are interested in how the learners see you and how you can 'get it right' for them.

**Follow up** As in Junior above

## Support and Challenge 1

1 My **proudest achievement** has been

2 The person who helped me most to achieve this is

3 They helped me most by

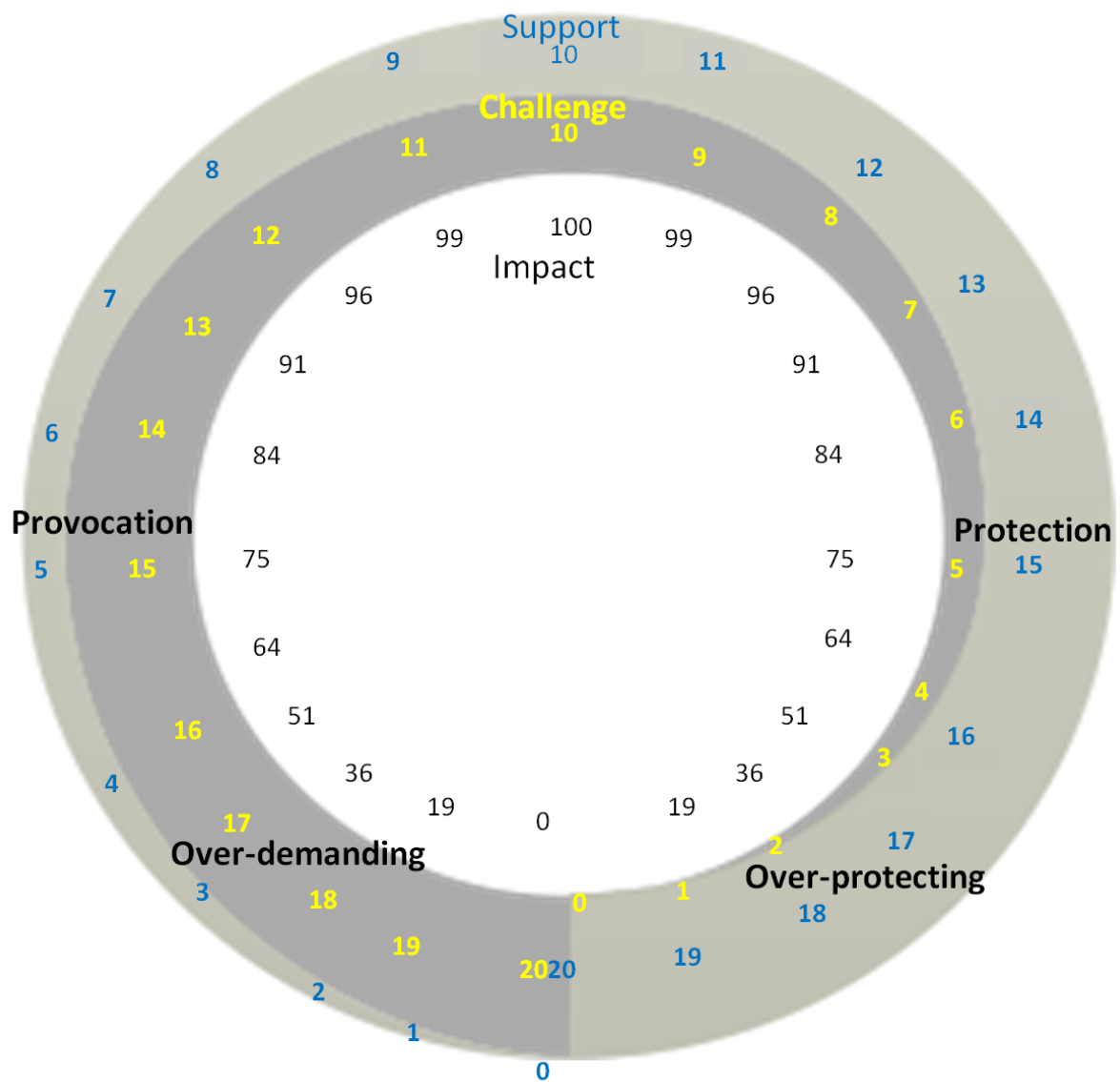
4 Give this person 20 points between **Support and Challenge**, for example, you might give them 12 to Support and 8 to Challenge.

Support	.....
Challenge	.....
Total	20

5 Multiply your two numbers, for example,  $8 \times 12 = 96$  - .....

6 Put this person on your support and challenge ring by finding the number pair that matches your scores. Explain why you gave them these scores.

## Support & Challenge 2

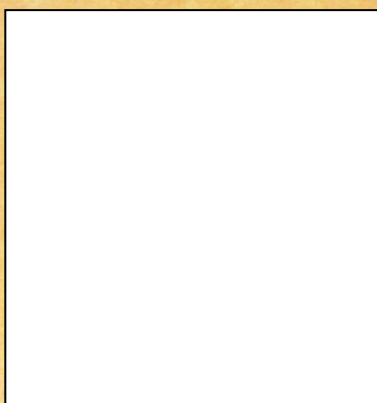


# WANTED!

## AN INSPIRING TEACHER

Must be

.....  
.....  
.....  
.....



Keeps the class on  
task by

.....  
.....  
.....

Best known for.....

.....

In class, they keep you keen to learn by.....

.....

.....

Different from other teachers because they .....

.....

When you have done something wrong .....

.....

Their reward is . .....

.....

# REWARD:



## Using the Inspire Ring Profile

Teaching Styles -  
for learners

